

BEGINNING TECHNIQUE FOR THE YOUNG ACTOR

This class provides the essential foundation for the young modern actor. Steeped thoroughly in the basic techniques of Stella Adler, the training is meant to get the young actor thinking and doing!

Whether in theater or on film, we actors are the "doers". Therefore, all understanding is made "doable" in the learning of skills for the young actor.



HIGHLIGHTS OF PRACTICE:

1. UNDERSTANDING SELF THROUGH THE ART OF ACTING
2. THE ACTOR'S RELATIONSHIP TO WORDS AND FEELINGS
3. PHYSICAL AND MENTAL RELAXATION WITHIN CIRCUMSTANCES
4. THE USE AND DEVELOPMENT OF CREATIVE IMAGINATION
5. ACTIONS
6. CHARACTER
7. NON-VERBAL EXPRESSION THROUGH CHARACTER BEHAVIOR
8. RELATIONSHIP TO PARTNER

EDEN TIRL (FACULTY) is an Actor, Singer and Stella Adler - Los Angeles alumnus. As a teenager in Technique classes, Eden found the tools by which she could build truthful characters in real circumstances. Eden spent time with Stella Adler and Stella's words of encouragement were instrumental in Eden's progress as a young actor.

Theatre credits include: *The Only Game in Town* at Actor's Circle Theater in LA, World Premiere of *Haven* in Los Angeles, *Once Upon a Mattress* at Children's Theater Company in Minneapolis, *South Pacific* at GCT. A long standing member of SAG and AFTRA. Film and Television credits include: *Funeral Party* (Dir: Deverill Weekes, Prod: Gary Oldman), *Rake's Progress* (Dir: Matt Wilder), *Crispy Crackers and Beans* (Dir: Robert Fontaine Jr.), *The Bold and the Beautiful*, *The Cosby Show* and numerous national and regional commercials.



AGES 14 AND UP!

12 WEEKS
FEBRUARY 1ST THROUGH APRIL 28TH
WEDNESDAY 4:30P-6:30P
SATURDAYS 1:00P-4:00P
NO CLASS APRIL 7TH
(PASSOVER/EASTER)

\$800

OPEN HOUSE WEDNESDAY JANUARY
25TH - 5PM

Stella Adler-Los Angeles is a 501(c)3 nonprofit organization

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